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KALINAGAR MAHAVIDYALAYA

Government Aided College Affiliated to the West Bengal State University

P.O.: KALINAGARHAT. NORTH 24 PARGANAS. PIN : 743442. PHONE- 8328719680

Ref No-KNMV/CBP/23/06

Date: 20/02/2023

Circular

Internal Quality Assurance Cell of our college is going to organize a capacity building programme in the topic of Female Hygiene on 4th March, 2023 at 12 noon. In room no 6.

Interested students may contact Dr. Ishita Khan, Assistant Professor, Department of Bengali for participate & more information's.

Ishita Khan.

Dr. Ishita Khan
Coordinator

Ishani Ghosh

Dr. ISHANI GHOSH
TEACHER-IN-CHARGE
KALINAGAR MAHAVIDYALAYA

Teacher-in-charge
KALINAGAR MAHAVIDYALAYA

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WDC & IQAC
OF

KALINAGAR MAHAVIDYALAYA
ORGANISED AN AWARENESS PROGRAMME ON
TOPIC: "FEMALE HYGIENE"

SPEAKAR-Dr. ISHITA KHAN

TIME: 12 PM.

DATE: 04.03.2023

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Teacher-in-charge
KALINAGAR MAHAVIDYALAYA

AN AWARENESS PROGRAMME
ON
FEMALE HYGIENE

VENUE : ROOM NO _____ OF KALINAGAR MAHAVIDYALAYA
4TH MARCH 2023 , SATURDAY , 12 NOON

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Teacher-in-charge
KALINAGAR MAHAVIDYALAYA

The purpose of this programme is to make students aware about their own health.

33 students attended this programme as audience.

All in All, the whole programme was quite interesting.

Some pictures of the programme are given —

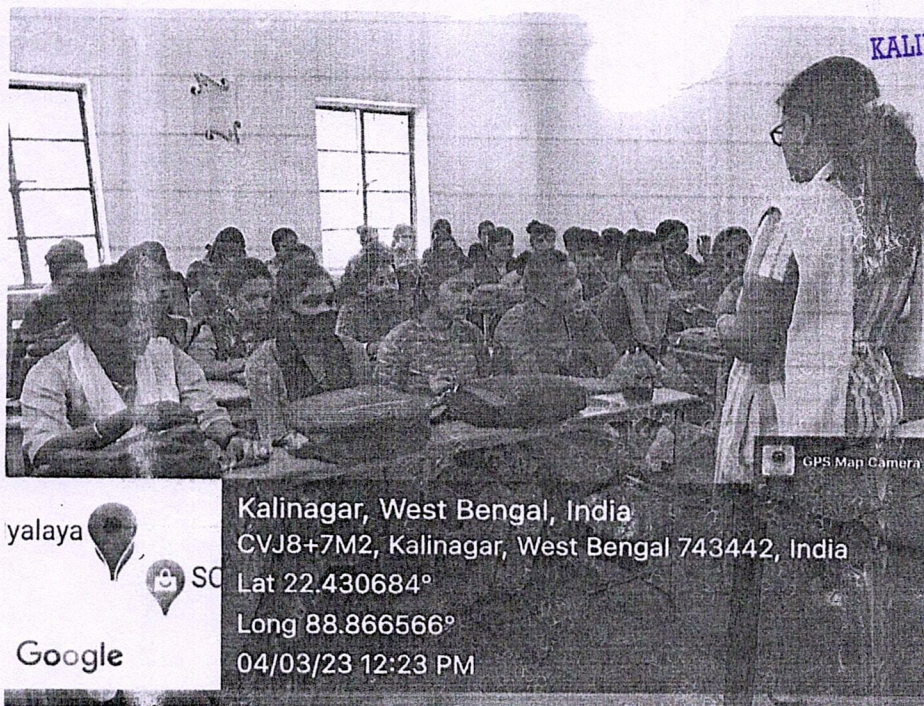


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KALINAGAR MAHAVIDYALAYA



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The Women Development Cell and Internal Quality Assurance Cell of Kalinagar Mahavidyalaya were jointly organized an awareness programme at Room No -6 of Kalinagar Mahavidyalaya dated 4th March 2023 at 12 Noon. The discussion topic was —

“ FEMALE HYGIENE ”

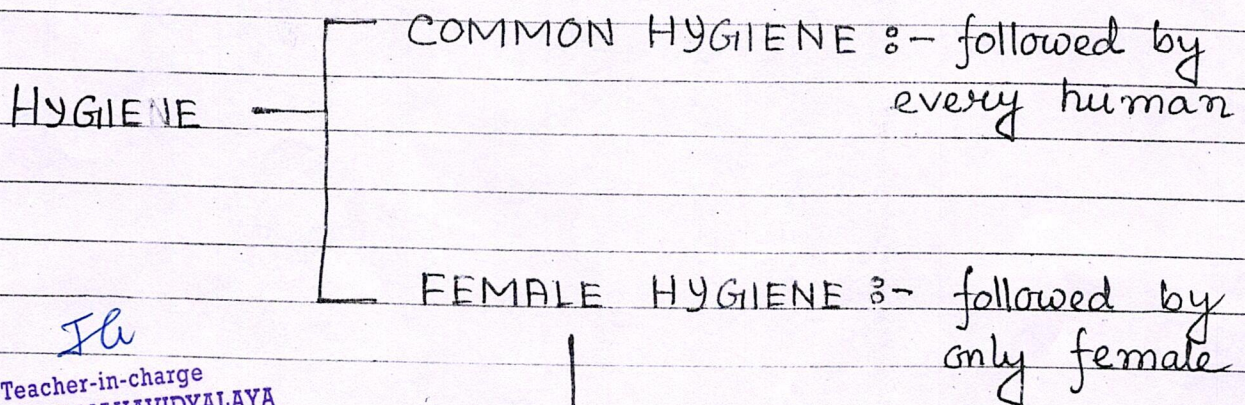
Dr. Ishita Khan, the co-ordinator of Women Development Cell highlighted on the female hygiene and gave a detailed idea about female hygiene, such as —

- a) Wash your vagina every day
- b) Use a soft towel to dry the area.
- c) Wipe front to back
- d) Wear cotton underwear etc.

She also explained about the hygiene, should be taken during menstruation, such as —

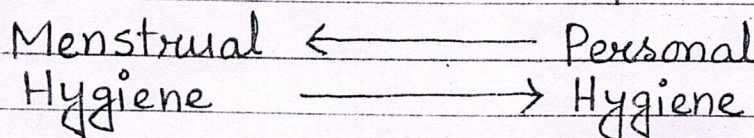
- a) Change the sanitary pad, menstrual cup from time to time
- b) Keep the vagina clean
- c) Do not use chemical products etc.

The points raised in her speech are shown below with the help of table



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Teacher-in-charge
KALINAGAR MAHAVIDYALAYA



AWARENESS PROGRAMME & FEMALE HYGIENE

Today 4th March 2023, WOMEN DEVELOPMENT CELL and IQAC of Kalinagar Mahavidyalaya jointly organized a capacity building awareness programme at Room No-6 at 12:00 Noon.

TOPIC: FEMALE HYGIENE

SPEAKER: Dr. Ishita Khan

Ishita

Teacher-in-charge
KALINAGAR MAHAVIDYALAYA

Ishita Khan. 04.03.2023
Signature of the coordinator

Signature of the participants:-

Sl. No	Name (Bold Letter)	Subject	Semester	Registration/ Roll No	Signature
1	SUSMITA MONDAL	Bengali	1st	220190	Susmita Mondal
2	SUSMITA MALI	Bengali	1st	220252	Susmita Mali
3	BARNALI MONDAL	Bengali	1st	220248	Barnali Mondal
4	KOYEL BAGI	Bengali	1st	220050	Koyel Bagi
5	SUDHA MONDAL	Bengali	1st	220288	Sudha Mondal
6	JAYA MONDAL	Bengali	1st	220188	Jaya Mondal
7	SUPRIYA SARDAR	Education	1st	220305	Supriya Sardar
8	PURNIMA SARDAR	Education(H)	1st	22525	Purnima Sardar
9	RATIMA SINGH	Bengali	1st	220239	Ratima Singh
10	BARNALI DAS	Bengali(H)	1st	22115	Barnali Das
11	PRITILATA SARDAR	Bengali	1st	220262	Pritilata Sardar
12	DURBA GAYEN.	History(H)	3rd	201320	Durba Gayen
13	LATIKA BAIDYA	EDUCATION(H)	2nd	2442	Latika Baidya
14	MADHURI JODDAR	PHYSICAL EDUCATION(H)	1st	220236	Madhuri Joddar
15	APARAJITA GAYEN	Bengali(H)	1st	220016	Aparajita Gayen
16	SUDISHNA DAS	Bengali(H)	1st	220111	Sudishna Das
17	SWAPNA MRIDHA	Education	1st	220203	Swapna Mridha
18	RAKHI DAS	Geography (H)	1st	22703	Rakhi Das

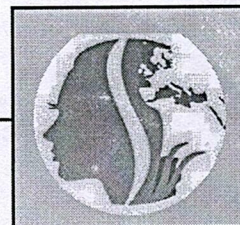
Sl No	Name (Bold Letter)	Subject	Semester	Registration Roll NO	Signature
19	BAISHAKHI DAS	History (H)	1st	22419	Baishakhi Das
20	BITHIKA SARDAR	Education (H)	1st	22536	Bithika Sardar
21	SUSMITA SARDAR	Education (H)	1st	220077	Susmita Sardar
22	MALIKA PRADHAN	EDUCATION	1st	220289	Mallika Pradhan
23	Shilpa Naskah	EDUCATION (H)	1st	22541	Shilpa Naskah
24	PIVE MONDAL	Education (H)	1st	22509	Pive Mondal
25	DOLI DAS	History	1st	220194	Doli Das
26	Milhu Sardar	Education	1st	220010	Milhu Sardar
27	SHEFALI SARDAR	SANSKRIT	1st	22303	SHEFALI SARDAR
28	CHANDA MANDAL	EDUCATION	1st	220185	Chanda Mandal
29	USHA SARDAR	EDUCATION	1st	220093	Usha Sardar
30	KEYA PATRA	Education	1st	220193	Keya Patra
31	RINA PARAMANIK	Education	1st	220241	Rina Paramanik
32	RIMA PATRA	BENGALI	5 sem	201021	Rima Patra
33	Puja Gimi	BENGALI	4th sem	211006	Puja Gimi

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Teacher-in-charge
KALINAGAR MAHAVIDYALAYA

WOMEN DEVELOPMENT CELL

KALINAGAR MAHAVIDYALAYA



The **Women Development Cell** and **Internal Quality Assurance Cell** of Kalinagar Mahavidyalaya were jointly organized an *awareness programme* at Room No. 6 of Kalinagar Mahavidyalaya *dated 4th March 2023 at 12 Noon*. The discussion topic was –

“FEMALE HYGIENE”

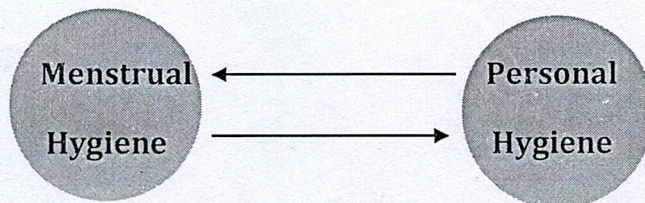
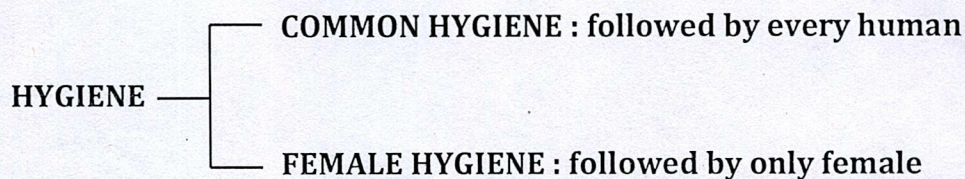
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- Do not use chemical products etc.

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26.09.23
Teacher-in-Charge
Kalinagar Mahavidyalaya